



**BIOGRAPHY FOR KAREN J. GREGORY
PRESIDENT & CEO, HRSS CONSULTING GROUP, LLC**

Karen J. Gregory has a visionary ability to identify the potential in people and organizations and turn that into action that creates far-reaching and life-changing results. Her gift and vision to motivate and inspire others to make workplaces better places for all is what led to her mission to launch HRSS Consulting Group in 2012. A thought leader and fresh voice in the business world, Ms. Gregory connects the dots between individual performance and organizational excellence. She challenges and teaches business professionals and organizations to clearly identify obstacles that are preventing them from transforming their status quo environments into thriving, high-performing workplaces.

As President and CEO of HRSS Consulting Group, LLC headquartered in Cocoa, Florida, Ms. Gregory has grown her company to include a team of experts in coaching, human resource (HR) strategies, employee training, and organizational assessments and leadership development, of which all, when established and leveraged successfully through her insightful and engaging techniques, create high-performing organizations with positive results on their bottom line.

A recognized leader, Karen's expertise in leadership development, behavioral change, and performance management was honed over 20 years of experience as a behavior scientist. Creating change through captivating and engaging her audiences, combined with her contagious energy, compassion and humor inspire her participants to want to do more...to be more. She teaches by her own example and provides pragmatic ideas and techniques that bring people's aspirations into reach. Engaged audiences consistently give her the highest ratings and say they left wanting more. Better yet, she leaves audiences ready to take action that can lead to profound changes in their personal and professional lives.

Karen's gregarious and infectious attitude, coupled with her knowledge and experience, have made her the natural go-to for large government-related organizations such as NASA/Kennedy Space Center, U.S. Department of Agriculture, U.S. Citizenship and Immigration Services, and the U.S. Military Services; highly sought after by prominent commercially-related organizations such as Allstate Insurance, North American Shared-Services, Society of Human Resource Management (Jacksonville), HR Florida, and the International Personnel Assessment Council; and the hand-picked selection for creating results-driven outcomes for academia such as University of Central Florida, Florida Institute of Technology, Rollins College and Penn State.

In addition to leading and engaging in her consulting firm, Karen is also a Lieutenant Colonel in the U.S. Air Force Reserve, currently serving with the U.S. Special Operations Command, MacDill AFB, FL. Additionally, Ms. Gregory serves on Congressman Posey's Veteran Advisory Council and several boards to include the Space Coast Chapter of Women In Defense, the LEAD Brevard Curriculum Committee, and the Economic Development Commission (EDC) of Florida's Space Coast.

Karen is also affiliated with numerous industry and professional organizations to include the Society of Human Resource Management (SHRM), National Defense Industrial Association (NDIA) and the Florida Association of Veteran Owned Businesses. Ms. Gregory holds a dual track Master Degree in Management and Human Resource Development and a Bachelor of Science in Psychology with a minor in Sociology. She is also certified as a Mediator, Senior Professional in Human Resource (SPHR) and SHRM Senior Certified Professional. Karen is married with two boys, Alonzo, age 21, and Jacob, age 17.